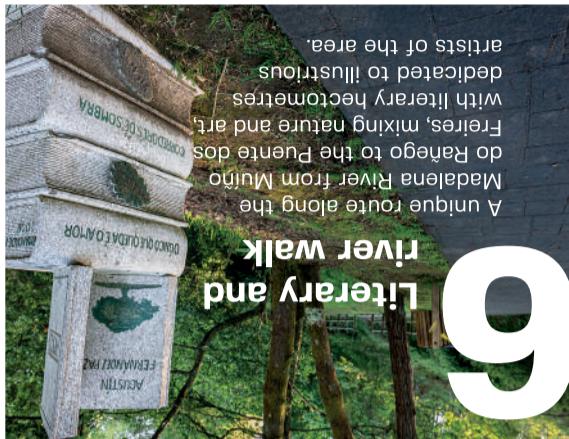
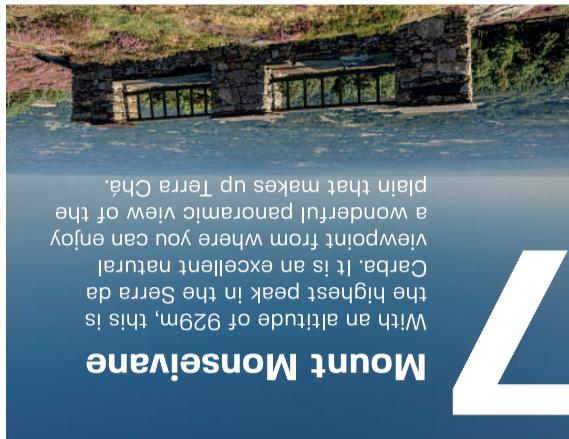
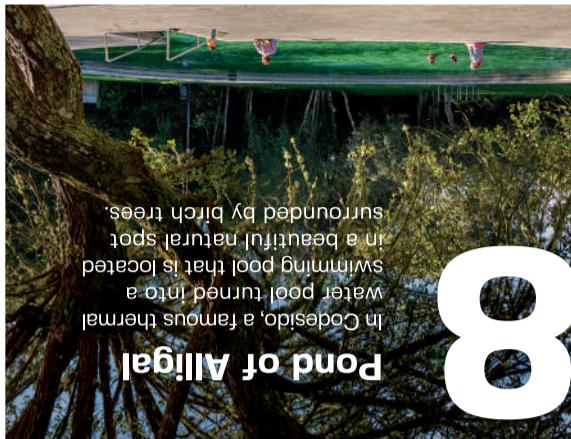


12 essential visits in VILALBA



gastromomy

Local

12

The monthly fair, the Ferialion and the patron saint fairs of San Ramón and Santa María are just some of the many celebrations not to be missed on a visit to Vilalba.

San Simón da Costa cheese, the D.O.P. Protected Designation of Origin with its three most typical products: the Vilalba offers its own unique gastronomy.

Capeón de Vilalba and Roscón de Vilalba. Capón de Vilalba and Roscón de Vilalba.

The Habanera School from the beginning of the 20th century with a small museum that recreates the old school and botanical garden with native Galician and Cuban species.

The Santa Eulalia Leaguie from the 19th century, the old school and botanical garden.

With native Galician and Cuban species.

of Vilalba
Cruceros

9

In Codésido, a famous thermal water pool turned into a swimming pool that is located in a beautiful natural spot surrounded by birch trees.

With an altitude of 929m, this is the highest peak in the Sierra da Cabaña. It is an excellent natural viewpoint from where you can enjoy a wonderful panoramic view of the plain that makes up Terra Chá.

A unique route along the Maderena River from Muíño do Raígo to the Peñete dos Freires, mixing nature and art, with literary panoramic views of the area.

Masters of stonemasonry in Galicia, such as that of Lanza (Tredade), the Terra Outstandings example of a Terra decorated crosses and one of the most.

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Peña Grande

A permanent exhibition in Vilalba, with an educational tour on the Prehistory and Ancient Roman period.

It is currently the National Tourist Centre.

The Way starts at the Old Bridge of Martín on to Guitiriz and Baamonde.

In Santaballa, the most important and most ancient Palaeolithic site in Galicia, where groups of nomadic hunters used to camp.

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Concello de Vilalba



What matters is... inland

The municipality of Vilalba has numerous archaeological remains scattered throughout the area. The Museum of Prehistory and Archaeology of Vilalba is one of the must-see places in the town. Through its permanent exhibition, it offers a pleasant and educational journey through the Prehistory and Ancient History of Galicia. The Archaeological Route brings together the most significant remains, including the Palaeolithic shelter of Pena Grande, the Pedrachantada menhir and the Neolithic necropolis 'Roza das Modias', among other places of historical interest.

The D.O.P. (Protected Designation of Origin) San Simón da Costa cheese, the I.X.P. Capón de Vilalba and Roscón de Vilalba are the most representative products of the famous **Vilalba gastronomy**. Beef and pork products, turnip greens, potatoes, pies and bread, 'pulpo á feria' and 'roscones de San Ramón' are other of the many delicacies that add to the local gastronomy.

Vilalba is very lively and dynamic and hosts a wide variety of **celebrations**, such as the monthly fair, the 'feirón' and the patron saint festivities of San Ramón and Santa María; events such as the FIV (Independent Festival of Vilalba) or the Literary Contest; and gastronomic fairs such as the Capón and San Simón da Costa Cheese fairs.

The Northern Way of Saint James

Recognized by UNESCO as a World Heritage Site, the Northern Way of St. James runs from northeast to southwest through the region of Terra Chá, crossing the municipalities of Abadín, Vilalba, Guitiriz and Begonte.

The North Way starts at the Cantabrian coast, being one of the primitive Asturian-Galician roads traveled by European pilgrims. It enters the lands of Lugo through Ribadeo and follows an itinerary of which five of its stages run entirely through the province of Lugo, ending in Lourenzá, Abadín, Vilalba and Baamonde. This section of the North Way passes through beautiful natural landscapes and places of outstanding historical and artistic interest. From here the Way continues through the lands of Guitiriz and Friol towards Sobrado dos Monxes.

The North Way of St. James has two stages across our municipality, the final stretch of the Abadín-Vilalba stage and the beginning of the Vilalba-Baamonde stage. As it passes through Vilalba, the Way shows our natural landscapes, cultural heritage, neo-Gothic cemeteries, historic bridges and calvary crosses.

Festivals of interest

Monthly fair. Vilalba (1st Sunday of the month other than the 1st)

Feirón. Vilalba
(3rd Tuesday of the month)

Vilalba Independent Festival (FIV). Vilalba (last weekend of April)

San Simón da Costa Queixo Fair. Vilalba (1st weekend of April)

Capon Fair. Vilalba
(before Christmas Eve)

Craft Fair. Vilalba
(1st weekend in May)

Vilalé Book Fair. Vilalba
(1st weekend in June)

Literary Contest. Vilalba (30th August)

San Ramón and Santa María Patron Saint Festivities. Vilalba
(31 August and 1 September)

Xira Campestre and Xira de la Tercera Edad. A Madalena Recreational Area (August)

Indiana Fair. Santaballa
(mid-September)

Tasca do Liño. Insua
(last Saturday in October)

Natural and cultural heritage

North Way of St. James. Stages from Abadín to Vilalba and from Vilalba to Baamonde

A Madalena Recreational Area. Vilalba

Fluvial and literary walk along the river Madalena. Vilalba

Pond of Alligal. Codesido

Mount Monseivane. San Simón da Costa

Museum of Prehistory and Archaeology. Vilalba

Pena Grande Archaeological Route. Santaballa

Neo-Gothic Cemetery. Guitiriz

Neo-Gothic Cemetery. Alba

Square and Church of Santa María. Vilalba

Chapel of San Roque. Vilalba

Santaballea League. Santaballa

Pena Grande. Santaballa

Roza das Modias. Alba

Lanzán Calvary Cross. Tardade

Calvary Cross. Vilalba

Four Roads Calvary Cross. Vilalba

Old Bridge of Martiñán. Corbelle

Neo-Gothic Cemetery. Guitiriz

Neo-Gothic Cemetery. Alba

Bridge of Saa. Insua

Municipality of Vilalba

Vilalba is the capital of the region of Terra Chá, the largest and flattest natural region in Galicia and located in the centre of the province of Lugo.

With just over 15,000 inhabitants and an area of 379 km², divided into 29 parishes plus the town centre, Vilalba borders the municipalities of Abadín, Cospeito, Begonte, Guitiriz, Xermade and Muras.

Due to its location, Vilalba represents an important junction where several roads intersect. Its **strategic location** and excellent connections make it the perfect destination for exploring the municipality, the region and the north of Galicia.

'Terras do Miño' Biosphere Reserve

This reserve represents the most important wetland complex for the conservation of biodiversity in southwest Europe. It is one of the largest nature reserves in Spain and the largest in Galicia. Its 363,668.9 hectares cover forty percent of the province of Lugo, including 26 municipalities, among which are the 10 municipalities of the Terra Chá Regional Development Association.